



SURE YOU LOVE
BUT THERE'S A CA

Around here, it's easy to get hooked on fried catfish. Unfortunately, it and many other deep fried southern delicacies can cause high cholesterol and, if left unchecked, full blown cardiovascular disease. The good news is, in most cases, you can avoid, even reverse, this problem with a more heart healthy diet, exercise and, if necessary, medical intervention. Don't let the food you eat make you a statistic. We're now just a heartbeat away and we can help you live a longer, more productive life. [Click here for more information](#) .