What are Physical, Occupational, and Speech Therapies?

Physical therapy focuses on all physical aspects of recovery. Treatment emphasizes improving the patient's strength, mobility, and endurance. Other benefits of physical therapy include accelerating the healing process and relieving pain.

Occupational therapy focuses on increasing our patient's overall independent functioning. Treatment is concentrated on improving the function of the upper body, specifically the arms and hands. Treatments may include the design and use of assistive and adaptive equipment.

Speech therapy focuses on improving the physical and cognitive aspects of speech and swallowing. Treatment is concentrated on a selection of specialized exercises to assist the patient to regain or compensate for inadequate swallowing or verbal communication skills.

Why does the clinic provide all three services?

The therapists at the Southwest Center for Rehabilitation believe that the quality of care is improved with a team approach. Very often, our patient's rehabilitative needs will require two or all three services.

What types or conditions/illnesses are they used for?

- Amputation
- Arthritis
- Back Pain
- Fractures
- Head Injuries

- Hip, Knee, and Shoulder Replacements
- Job-Related Injuries
- Spinal Cord Injuries
- Stroke

What can these services do for me?

The therapists at the Center will develop a specific plan according to your needs. They will assess your current abilities and set goals depending on the desired outcomes of you and your physician. The therapists will work with you to improve mobility, communication, self-care skills, and independence in performing activities of daily living. Please call or have your physician inquire as to whether one or more of the Center's services would benefit you. A physician referral is necessary to obtain the services of the Southwest Center for Rehabilitation.

Will insurance pay for these services?

Therapy services are covered by Medicare and several major private insurance companies. Please check with your insurance company.