



THE
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Temporary Restrictions and Visitor Guidance during the COVID-19 Pandemic for Well Obstetrical Patients

- Upon arrival to the hospital for admission, you and your visitor will be asked a series of questions and screened for symptoms of illness. If your visitor has a temperature or has symptoms of COVID-19 they will not be allowed to stay. Make sure you bring a Healthy caregiver with you! Visitors/patients are required to wear a mask when entering our facility. Due to minimal resources, we are not able to provide masks. Therefore, you will need to **bring a mask with you**. Once inside your assigned room, you both may remove your masks for comfort. Visitors must wear a mask when entering and exiting our facility.
- As a reminder, NO caregivers/partners will be allowed in the Triage (the room you are placed in to be monitored) areas until it is determined that you will be admitted. This applies to ER visits, as well as Outpatient testing. We will assist you in contacting your partner upon admit or discharge.
- You will only be allowed 1 visitor/caregiver that can stay with you during your labor, delivery, postpartum or antepartum admission period. Family members CANNOT swap in and out. If your visitor leaves the facility, they will not be allowed back in, and no other visitor may come. At discharge, the staff will escort you and your baby to the front entrance to meet your visitor/caregiver.
- The hospital will provide your visitor 3 meals per day. We suggest bringing snacks and drinks from home, however there are snack/drink machines located in the LDRP waiting area. There is a Regions Bank ATM located in the basement area. Visitors are NOT allowed in the Cafeteria at this time. You may order take-out and have them deliver food to the front entrance of the hospital. The staff will assist in retrieving your ordered food, when we can. Otherwise, your visitor may have to meet the delivery driver at the approved entrance of the hospital. We encourage you and

your visitor to remain in your room, as much as possible. A mask should be worn anytime you or your visitor is outside of your room.

- Your visitor needs to bring a bag with enough personal necessities to last 2-3 days. He/she will be allowed to retrieve items from the vehicle one time, if admission is unplanned. This should take no longer than 10 minutes. Inform the Nurse's station and the desk screener in the lobby where you are from and why you are going out of the building. Quickly fetch items and return ASAP. If your visitor is gone more than 10-15 minutes they may not be allowed to return. Also, as a reminder, this is a **NO SMOKING** facility. Visitors may NOT leave the floor to smoke and then return.
- If your newborn requires NICU care, only 1 consistent caregiver can visit the NICU. We prefer this to be the mother only. Visitation of the infant may be delayed until Mom is stable enough to come to the Nursery/NICU area.

These restrictions and guidelines are similar to those implemented at other hospitals across the country. These restrictions are to Protect us all and Prevent the spread of illness to the public, our patients, and our staff. Thank you for your understanding and cooperation!