

## **Remote Patient Monitoring Program**

Imagine you as a diabetic patient waking up each morning and checking your glucose level. Your results are sent to your smart phone and then sent to our Remote Patient Monitoring Team. The team looks over your results and changes your medicines at the touch of a button. You do not have to come in the clinic and your medicines are perfectly proportioned for you.

The Remote Patient Monitoring Program helps you monitor many chronic conditions with your smart phone. Some conditions that can be monitored include:

- High Blood Pressure
- Diabetes
- Heart Conditions
- Weight management
- Congestive Heart Failure
- Chronic Obstructive Pulmonary Disease (COPD)

Southwest Health offers this convenient way to safely send information to your healthcare team, who then sends instructions and recommendations to you, all without leaving your home. Telehealth will also be provided. We are here to support you in improving your quality of life and give you added resources to stay healthy. And now, because of the pandemic, reducing travel and direct contact to others is even more important.

We accept most insurances, Medicare, and Medicaid, and we are in the Medical Arts Building, 300 Rawls Drive, Suite 800. To learn more about Remote Patient Monitoring call 601-732-5374.